

## Smoking Cessation Training and Classes

This year, Community Health’s health educators attended a virtual four-day Certified Tobacco Treatment Specialist (CTTS) training at Rutgers University. The goal of attending this training is to expand Atlantic Health System’s Quit Smoking program by offering smoking cessation groups in coordination with our community partners across Atlantic Health System’s community footprint. Partnering with organizations in our communities not only strengthens Atlantic Health System’s relationships with these valuable partners but allows us to address access barriers. For those who do not have the technology or familiarity with the technology needed to meet virtually, these Quit-Smoking groups meet in person. Transportation to attend the hospital-based program could also be a barrier for those who do not live near the hospital or who do not drive. Many of the community partners that host the Quit Smoking program are in locations that are walkable and located closer to the center of town. In addition, the Community Health team took the lead in streamlining all educational materials across the system, created a standardized curriculum, and updated most material to include Atlantic Health System branding to be used across all sites.



## “Your Decisions Matter”

“Your Decisions Matter” was a program launched in 2019 through SAGE Eldercare under a generous grant from Overlook and Chilton medical centers’ Community Advisory Board. The program’s mission is to encourage all members of the community to tackle the often uncomfortable and emotionally charged topic of medical decision-making and end-of-life care. The goal is to help remove the taboo from the topic so individuals can openly discuss with their family, friends and health care providers **what matters to them**, and identify someone to speak on their behalf if they cannot advocate for themselves, ideally before a medical crisis occurs. When a person has a well-informed surrogate decision-maker who understands and respects their values and



preferences, medical decision-making with the health care team is vastly improved and can help ensure that the care delivered is appropriate and honors the person.

## Autism Center – Child Development Center

The Child Development/Autism Center’s clinicians delivered presentations to the community and to professionals in the community and mental health organizations on Autism Spectrum Disorder, Rethinking the Role of Anxiety in Autism and Its Implications for the COVID-19 Pandemic, and regarding Autism versus Psychiatric Disorders. Our center offers a support group for parents of children with autism, which is facilitated by a licensed mental health clinician. The support group is open to parents from the community.

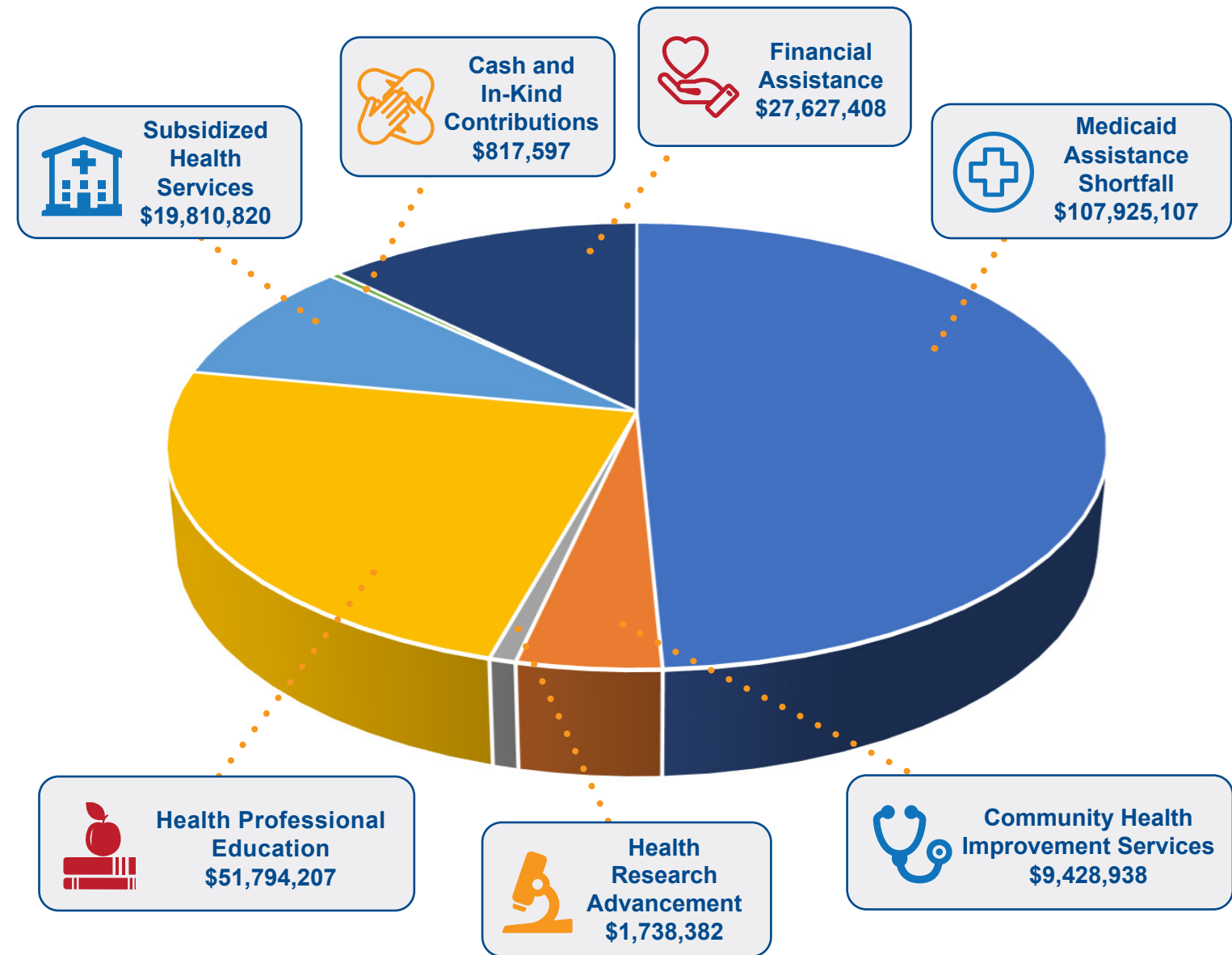


Atlantic Health System strongly believes in listening to our community and working together with other organizations in the region to make a collective impact on public health. That’s why every three years, we conduct a community health needs assessment to better understand the most pressing health needs of the population we serve. The information gathered helps us create action plans and guides our work so that we have the greatest chance of making a meaningful difference.

**For more information on our Community Health Needs Assessments by hospital site and yearly overall Community Health Improvement Plan, visit [atlantichealth.org/chna](http://atlantichealth.org/chna).**

# Atlantic Health System 2021 Community Benefit Report

**2021 Total Community Benefit**  
\$219,142,459

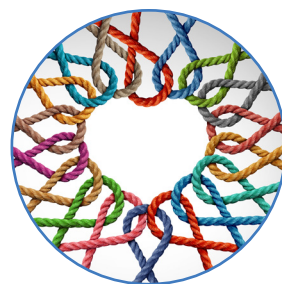


**Atlantic Health System**

Morristown Medical Center | Overlook Medical Center | Chilton Medical Center | Newton Medical Center  
Hackettstown Medical Center | Goryeb Children’s Hospital | Atlantic Rehabilitation Institute  
Atlantic Medical Group | Atlantic Visiting Nurse | Atlantic Mobile Health

## Atlantic Health System Inclusion Efforts

At Atlantic Health System, we strive for an inclusive health care environment where patients, visitors and employees are welcomed and afforded the same treatment regardless of sexual orientation, gender, gender identity and expression, race, ethnicity, immigration status, socioeconomic background, disability and age.



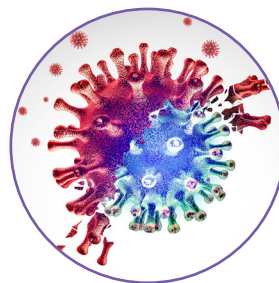
We value diversity and are committed to inclusivity – the practice of engaging with diverse populations when making decisions that affect the health and well-being of our communities. Atlantic Health System organizes diverse workgroups of community representatives at each hospital location to develop and implement programs that address the specific health care needs of our surrounding populations.

Within our hospitals, some of the programs and policies we have implemented include:

- Establishing support groups and educational classes for vulnerable populations – such as people living with HIV and AIDS, and non-English speaking families who are expecting children
- Revising patient visitation policies to allow for more inclusion and respect for all families and visitors
- Expanding pastoral and spiritual care for patients of all faith communities
- Translating “**Patient Rights**,” patient forms and medical records into Spanish and other languages
- Enhancing interpretation of languages other than English through new technologies
- Improving meal services to accommodate diverse dietary and nutritional preferences
- Providing LGBTQ+ patient-centered care and regularly enhancing our services and skills for all sexual orientations and gender identities.

## Program for Patients with Lingering COVID-19 Symptoms

Since its inception in October 2020, the Atlantic COVID Recovery Center has served as a patient-centered and multidisciplinary clinic to provide the best and most up-to-date care for a population suffering from a newly defined and evolving disease. Over the last two years, we have learned and adapted along with our patients as we have gained an enormous amount of experience and more data has become available. The clinic has strived to provide access to patients through their primary care providers, specialists, and through self-referrals. By doing, so we have been able to see the vast majority of patients recover to their pre-COVID selves.



## Homebound COVID-19 Vaccines

In partnership with Atlantic Health System’s Community Health Department, Atlantic Corporate Health has provided vaccinations to Morris County (and some individuals in neighboring counties) as a contracted service with the Morris County Division of Public Health. These services were provided throughout 2021 with the focus of providing the COVID-19 vaccination to the homebound population within the target area.



*Pictured: Atlantic Corporate Health team members.*

## Morristown Underserved Grant

With support and commitment from the Foundation for Morristown Medical Center, the Community Health Department has assisted the underserved and asset-limited, income-constrained, employed (ALICE) populations in accessing health education, screenings, services and linkage to a medical home. We also provide follow-up with those screening participants who have outcomes that may require urgent or emergent care if not managed.



In 2021 we accomplished our goals to:

- Increase access to health education and screening through strategic community partnerships with organizations who serve the most vulnerable members of our community.
- Provide flu vaccinations to uninsured and/or underserved community members to prevent flu within the community and reduce emergency department utilization.
- Connect community members with critical health services, primary care and key social resources, including medications for chronic diseases to those who do not have access.

## Community Outreach Education

Throughout the COVID-19 pandemic, Community Health expanded virtual presentations and exercise classes via the Atlantic Health System Zoom platform, focusing on programming across the lifespan. We have structured an online registration and consenting process at [atlanticealth.org](http://atlanticealth.org) to streamline the registration process for community members through the Atlantic Health website. We provide strategic coordination with service lines and departments (Pediatrics, Oncology, Diabetes, Stroke, Behavioral Health, Cardiology, Injury Prevention, Palliative Care, and Rehabilitation) spotlighting resources and expertise across the system and a balanced yet diverse range of programming that is reflective of service line goals, accreditation requirements, and the Community Health Improvement Plan (CHIP)



interventions. In addition to virtual programming, the Community Health team is out in the community at town days, health fairs, festivals and more, educating our community members on various health topics with a focus on the priority areas identified in the Community Health Needs Assessment.

## Nourishing Those in Need

Over the past years, Overlook Medical Center’s Food and Nutrition department has been supplying nourishments to “SHIP” (Summit Helping Its People), targeting the concern of poverty. SHIP, founded in 1991, is a nonprofit organization comprised of dedicated volunteers providing meals and additional support services to assist the homeless. The hospital’s Food and Nutrition department has aided in SHIP’s mission by donating food supplies for their food programs. Every Tuesday, Overlook Medical Center’s Food and Nutrition department prepares two boxes containing goods such as bread, sandwich condiments, cheese, eggs, assorted cereal, milk and juice, which is enough to feed 50 participants of the SHIP program. Overall, it is the hospital’s Food and Nutrition department’s continuing goal to support their community, while providing extraordinary services.



## Community Health Grants CAB

The Community Advisory Board (CAB) at each medical center provides ongoing community input to the Atlantic Health System Board, the CEO of Atlantic Health System, and the hospital president, on ways that the hospital can meet the health care needs of residents in its service area in a safe, effective, efficient, and financially sustainable manner. The CAB at each medical center provides annual funding opportunities for community partners in the form of grants likely to enhance resources available in the community and address elements of health priorities identified in the individual hospital’s Community Health Needs Assessment. Grants are funded through a competitive review process, which includes a requirement that approved funding be linked to the community health need as identified by the medical centers. Having an open grant cycle enables Atlantic Health System to help support the health care needs of the community by funding initiatives closely aligned with health priority needs identified in the Community Health Improvement Plan.