



Janina Hecht
Public Relations
T: 908-522-2142
F: 908-522-2667
janina.hecht@atlanticealth.org

Carol G. Simon Cancer Center
Overlook Hospital
99 Beauvoir Avenue
Summit, NJ 07901

BREAST SERVICES AT OVERLOOK HOSPITAL

The Breast Center at Overlook handles all aspects of breast health, including disease prevention, pre-cancerous and cancerous conditions.

Overlook Hospital's multidisciplinary care team -- board-certified surgeons, medical and radiation oncologists, pathologists, radiologists, patient navigator and nurse educator -- specializes in breast health and disease. The Overlook care team tailors a treatment plan for each patient after diagnosis and considers family members as active participants with the care team.

Overlook Hospital is one of the first hospitals in the state to use a stereotactic breast biopsy system, as well as the latest in digital mammography and computer assisted technology (CAD) technology, which improves both the accuracy and speed of diagnosis for patients.

Breast specialists at the Carol G. Simon Cancer Center at Overlook Hospital offer breast-conserving surgery, reconstructive surgery, adjuvant and neo-adjuvant chemotherapy, hormone therapy, biotherapy and radiation therapy. The Center also offers a number of national prevention and treatment trials to breast patients.

Breast Cancer Prevention Program

Physicians at the Carol G. Simon Cancer Center at Overlook Hospital have taken the next step toward breast health by implementing the Breast Cancer Prevention Program, which utilizes the latest tools and models to determine a woman's risk of breast cancer.

In one, three-hour consultation a woman will undergo:

- A full genetic evaluation that may include genetic testing
- A meeting with a nutritionist to analyze her lifestyle risks
- An in-depth consultation with breast specialist, Dr. Bonni Guerin

In one comprehensive visit, a patient and her physician will determine her risk of developing breast cancer. The woman leaves the visit with a written analysis that outlines her risks and what steps she should take to reduce her likelihood of developing breast cancer.

For more information, or to make an appointment, call 908-608-0078.

T H E P A S S I O N T O L E A D



BREAST SERVICES CONTINUED

Breast Imaging Center

Located in the Medical Arts Center II, adjacent to the hospital, the state-of-the-art Breast Imaging Center at Overlook Hospital is a comprehensive, multidisciplinary screening, diagnosis and treatment center for patients with benign and malignant breast conditions. The dedicated physicians, nurses, technologists and staff are committed to providing high-quality breast care, as well as education about the early detection and prevention of breast disease.

The Breast Imaging Center offers the most advanced technologies to provide timely, accurate diagnoses, including all-digital screening and diagnostic mammography; computer aided detection (CAD), breast MRI, vacuum-assisted core breast biopsy with stereotactic (X-ray), MRI or ultrasound guidance; diagnostic breast ultrasound; mammographic, ultrasound and MRI needle localizations; fine needle aspirations and cyst aspirations; galactograms and bone density scans.

Definition of diagnostic and screening services offered:

- Screening mammography: an imaging procedure in which X-ray pictures of the breast tissue are taken. The patient is without symptoms.
- Diagnostic mammography: Patients are referred for an exam to be supervised by the radiologist because of symptoms or findings identified on a screening mammogram.
- Breast ultrasound: Sound waves, which bounce off tissues, are sent out, and the echoes are used to make a picture. This allows doctors to see whether a mass is filled with fluid or solid.
- Needle/wire localization: A wire is placed into the breast using a needle, to mark the place of a tumor that cannot be felt. The surgeon uses the implanted wire to locate the abnormal breast tissue and remove it for a biopsy.
- Breast cyst aspiration: a procedure in which fluid is drained from a breast cyst using a small needle
- Stereotactic Vacuum-assisted breast biopsy: This is a minimally invasive procedure which uses a needle to obtain a small sample of an abnormal area seen by mammography.
- Ultrasound guided breast biopsy: a biopsy which is done using an ultrasound imaging device to locate the abnormal tissue and guide its removal
- Breast MRI (magnetic resonance imaging): a powerful magnet linked to a computer is used to make a detailed picture of the breast
- Galactogram : a procedure that uses contrast material injected into a milk duct to see the inside of the milk duct

For more information, or to schedule an appointment, call 908-522-5762.

THE PASSION TO LEAD



ATLANTIC HEALTH

BREAST SERVICES CONTINUED

Clinical Research

The Carol G. Simon Cancer Center participates in a wide range of clinical studies on new diagnostic procedures and treatments, including those sponsored by The Cancer Institute of New Jersey Oncology Group, Cancer Trials Support Unit (CTSU), Eastern Cooperative Oncology Group (ECOG), Gynecologic Oncology Group (GOG), National Surgical Adjuvant Breast and Bowel Project (NSABP) and the American College of Surgeons Oncology Group (ACOSOG). Physicians at Overlook Hospital also conduct phase II and III clinical trials through various pharmaceutical companies and help patients enroll in investigative studies conducted by other research organizations to gain access to the most current treatment protocols developed by the nation's top specialists. Patients at the Carol G. Simon Cancer Center can participate in a number of clinical trials thanks to Atlantic Health's standing as a Major Research Clinical Affiliate of The Cancer Institute of New Jersey. Right now, for example, patients are participating in a study to determine the best treatment option out of various proposed regimens for prolonging disease-free survival in women with node-negative, hormone-receptor positive or negative breast cancer. Patients are also participating in a study testing the usefulness of adjuvant hormonal therapy as opposed to adjuvant chemo-hormonal therapy.

For more information about clinical trials, contact the Breast Services Program at 908-522-2043.

Support Services

Overlook Hospital offers breast cancer education and screening programs for the community, to promote early detection of cancer.

For those already diagnosed with cancer, the Carol G. Simon Cancer Center offers educational programs for patients and their families, so that they can better understand their diagnosis and treatment options. An on-site social worker is available for the patient and their family to discuss any non-medical concerns, from work-related issues to fear and depression over the cancer diagnosis. In addition, there are many cancer support groups, including one specifically for breast cancer.

The Carol G. Simon Cancer Center also has a nutritionist on staff, to outline an eating plan that will help with recovery; mind-body services, such as meditation and yoga; and a pain and palliative care program.

For more information about support services, contact the Carol G. Simon Cancer Center at Overlook Hospital at 908-522-5255.

###

THE PASSION TO LEAD