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For Immediate Release

OVERLOOK SCREENINGS, HEALTH FAIR FOCUS ON HEALTHY HEARTS

SUMMIT, NJ JANUARY 28, 2008 – Overlook Hospital in the coming year will provide several opportunities for members of the local community to assess, understand and control their cardiac health with a year-long series of free public screenings kicking off this month, and the hospital's annual Cardiac Health Fair in February.

The Overlook Hospital Community Health Department plans to perform cholesterol screenings for 300 people and blood pressure screenings for 600 people throughout 2008 in various locations in Union, including the Vauxhall neighborhood. The program is supported by a grant from Pfizer, Inc. Assemblymen Joseph Cryan, D-Union, and Neil Cohen, D-Union, and Union Township Health Officer John Ferraioli have partnered with Overlook on the project.

The screenings will involve individual counseling with each participant to discuss healthy lifestyle habits, including nutrition, and ways to combat hypertension. Participants will be contacted six months after his or her screening to follow their progress.

Overlook Hospital will celebrate Heart Month in February by offering its 18th annual Cardiac Health Fair for community members to assess and minimize their risks for developing heart disease. Free cardiac screenings and education will be offered at the fair.

“Every year, Overlook Hospital's Cardiac Health Fair provides an opportunity for community members to examine their risk for heart disease and stroke and receive accurate information about their heart health,” said Joyce Passen, manager, Community Health Department at Overlook Hospital. “The information they receive can be crucial to them and their families.”

For more information regarding the screenings, call 1-800-247-9580. The program's next two scheduled screenings will take place:

- Wednesday, February 13, 10:00am to Noon
Walgreens, 2148 Morris Ave, Union, NJ
- Saturday, March 22, 10:00am to Noon
Home Depot, Union, NJ

(more)

T H E P A S S I O N T O L E A D

The Cardiac Health Fair is scheduled for 7:30am on Saturday, Feb. 9 at Overlook Hospital, 99 Beauvoir Avenue, Summit. Space is limited, and registration is required. To register, call (800) 247-9580 or visit www.atlantichealth.org.

Screenings begin at 7:30 a.m.; lectures begin at 10. Two educational lectures are planned:

- William Tansey, MD, "Sirens to Balloons" Emergency medical care from the onset of chest pain to treatment.
- Claire Boccia, MD, "The Way to a Woman's Heart" Discussion of what all women should know about heart health.

Free cholesterol, diabetes, blood pressure, pulse, and carotid artery screenings are available for the first 75 people who register and attend the lectures. Registrants also can explore displays of cardiac technology and health information.

About Overlook Hospital:

Part of Atlantic Health atlantichealth.org Overlook Hospital is a 504-bed not-for-profit community hospital with more than 1,200 attending physicians. In addition to the state's first designated Comprehensive Stroke Center, the Atlantic Neuroscience Institute offers brain tumor and epilepsy programs, neuro-interventional radiology and the northeast's first CyberKnife for the treatment of inoperable brain, spine and other tumors. Overlook has a new, expanded Emergency Department with specialty areas for pediatrics, geriatrics, chest pain, radiology, and a Fast Track System. The Frank and Mimi Walsh Maternity Center boasts 24 private mother/baby rooms and a new state-of-the-art Level III Community Neonatal Intensive Care Unit with the largest pediatric surgery group in New Jersey.

Atlantic Health is the primary academic and clinical affiliate in New Jersey of Mount Sinai School of Medicine and The Mount Sinai Hospital. Overlook Hospital is accredited by The Joint Commission.

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