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## For Immediate Release

### KITTY DUKAKIS TO DISCUSS SHOCK THERAPY AS SPECIAL GUEST AT OVERLOOK HOSPITAL EVENT

**SUMMIT, NJ, MAY 5, 2009** - Kitty Dukakis, the wife of former Massachusetts governor and 1988 Democratic presidential nominee, Michael Dukakis, is a well-known and much-loved public figure. In September 2006, Kitty Dukakis published, *Shock: The Healing Power of Electroconvulsive Therapy*. Atlantic Behavioral Health and Overlook Hospital's Department of Psychiatry are hosting a program with Kitty Dukakis, "Shock, The Healing Power" on Wednesday, May 27, 9:00am to 11:30am at the Wallace Auditorium. A book signing will follow the program.

Kitty Dukakis comes to Overlook Hospital to share her personal story and how her life was positively renewed through her experience with Electroconvulsive Therapy after numerous episodes of depression. *Shock* describes how ECT proved to be the one treatment that dealt effectively with her reoccurring cycles of depression.

She is also the author of *Now You Know*, the story of her battle with addiction and depression.

Ms. Dukakis received her B.A. in Education, Lesley College; a M.S. in Broadcast and Film, Boston University School of Communications; and an M.S.W. from the Boston University School of Social Work.

For questions about course content or Continuing Education credits, or to register, call 973-660-3184.

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