



## Overlook Hospital Parent Education Programs – September 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 <b>*ABC's of Going Home With Your Baby #2:</b> 7:00pm	3 <b>*Prepared Childbirth #1:</b> 7:00pm	4 <b>*Moms and Babies Together - Hand in Hand #1:</b> 10:00am	5 <b>*Prepared Childbirth (One Day):</b> 9:00am
6	7	8 <b>*Toddler Nutrition II:</b> 7:00pm	9 <b>*Breastfeeding Your Baby:</b> 7:00pm	10 <b>*Prepared Childbirth #2:</b> 7:00pm	11 <b>*Moms and Babies Together - Hand in Hand #2:</b> 10:00am	12 <b>*Especially for Siblings:</b> 11:00am  <b>*Calm Birth:</b> 1:30pm
13 <b>*Prepared Childbirth #1:</b> 1:00pm	14 <b>*Your Baby's Birth at Overlook Hospital:</b> 7:00pm	15 <b>*ABC's of Going Home With Your Baby #1:</b> 7:00pm	16 <b>*Maternity Orientation:</b> 7:00pm	17 <b>*Prepared Childbirth #3:</b> 7:00pm	18 <b>*Moms and Babies Together - Hand in Hand #3:</b> 10:00am	19 <b>*Prepared Childbirth (One Day):</b> 8:00am
20 <b>*Calm Birth:</b> 8:30am  <b>*Prepared Childbirth #2:</b> 1:00pm	21 <b>*Epidurals, C-Sections and More:</b> 7:00pm	22 <b>*ABC's of Going Home With Your Baby #2:</b> 7:00pm	23 <b>*Early Pregnancy:</b> 7:00pm	24 <b>*Prepared Childbirth #4:</b> 7:00pm	25	26 <b>*ABC's/Breastfeeding (One Day):</b> 9:00am
27	28	29 <b>*Breastfeeding Your Baby:</b> 7:00pm	30 <b>*Baby Signing:</b> 7:00pm			

**Pre-registration is required for all programs.**  
Please call 908-522-2946 or email [overlook.parented@atlantichealth.org](mailto:overlook.parented@atlantichealth.org) to register.