



Carol G. Simon Cancer Center at Morristown Memorial Hospital Programs – August 2009

Programs with an asterisk are for patients and families currently in treatment and up to six months post treatment at the Carol G. Simon Cancer Center.
For further information, to register for a program or cancellation notices, please call 973-971-6182.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <u>National Ovarian Cancer Coalition:</u> 10:00am
2	3 *Reiki Therapy: 9:00am <u>Gynecological Cancer Support Group:</u> Noon <u>Tai Chi/Qi Gong:</u> 6:00pm <u>Meditation:</u> 6:30pm	4 <u>Meditation:</u> Noon <u>Radiation Orientation:</u> 1:00pm *Reiki Therapy: 2:00pm <u>Therapeutic Touch Training:</u> 4:00pm <u>Us Too Prostate Group:</u> 7:30pm	5 <u>Healing Touch Energy Experience:</u> 9:00am <u>Music in the Atrium:</u> 9:00am <u>Gentle Yoga:</u> 11:00am *IGM Therapeutic Acupressure: 1:00pm	6 *Reiki Therapy: 9:30am <u>Prostatectomy Pre-Op Class:</u> 10:00am <u>Restorative Yoga:</u> 1:00pm <u>Sound Meditation:</u> 5:30pm <u>Bereavement Support Group:</u> 5:00pm	7	8 <u>Platelet Disorder Support Group:</u> 11:00am
9	10 *Reiki Therapy: 9:00am <u>Esophageal Cancer Support Group:</u> 10:00am <u>High Tea:</u> 1:00pm *Jin Shin Jyutsu Self Help: 3:30pm <u>Tai Chi/Qi Gong:</u> 6:00pm <u>Meditation:</u> 6:30pm	11 *Jin Shin Jyutsu Individual Sessions: 9:00am <u>Meditation:</u> Noon <u>Radiation Orientation:</u> 1:00pm <u>Therapeutic Touch Training:</u> 4:00pm <u>Post Breast Surgery Program:</u> 6:00pm	12 <u>Healing Touch Energy Experience:</u> 9:00am <u>Music in the Atrium:</u> 9:00am <u>Gentle Yoga:</u> 11:00am <u>Therapeutic Touch Practice Group:</u> 4:00pm	13 <u>Prostatectomy Pre-Op Class:</u> 10:00am <u>Restorative Yoga:</u> 1:00pm <u>Bereavement Support Group:</u> 5:00pm	14	15
16	17 *Reiki Therapy: 9:00am <u>Tai Chi/Qi Gong:</u> 6:00pm <u>Meditation:</u> 6:30pm	18 <u>Meditation:</u> Noon <u>Radiation Orientation:</u> 1:00pm *Reiki Therapy: 2:00pm <u>Therapeutic Touch Training:</u> 4:00pm <u>Bereavement Support Group - Monthly Drop-In:</u> 5:30pm <u>Post Breast Surgery Program:</u> 6:00pm <u>Breast Cancer Support Group:</u> 7:00pm	19 <u>Healing Touch Energy Experience:</u> 9:00am <u>Music in the Atrium:</u> 9:00am <u>Gentle Yoga:</u> 11:00am <u>Head and Neck Cancer Support Group:</u> 1:30pm *Jin Shin Jyutsu Individual Sessions: 5:00pm <u>Ostomy Support Group/MCOA:</u> 7:30pm	20 *Reiki Therapy: 9:30am <u>Prostatectomy Pre-Op Class:</u> 10:00am <u>Pancreatic Cancer Support Group:</u> 11:00am <u>Restorative Yoga:</u> 1:00pm <u>Bereavement Support Group:</u> 5:00pm	21	22
23	24 *Reiki Therapy: 9:00am <u>High Tea:</u> 1:00pm <u>Multiple Myeloma Support Group:</u> 1:30pm *Jin Shin Jyutsu Self Help Class: 3:30pm <u>Tai Chi/Qi Gong:</u> 6:00pm <u>Meditation:</u> 6:30pm	25 *Jin Shin Jyutsu Individual Sessions: 9:00am <u>Meditation:</u> Noon <u>Radiation Orientation:</u> 1:00pm <u>Post Breast Surgery Program:</u> 6:00pm <u>Healing through Drumming:</u> 7:00pm	26 <u>Healing Touch Energy Experience:</u> 9:00am <u>Music in the Atrium:</u> 9:00am <u>Gentle Yoga:</u> 11:00am <u>Lung Cancer Support Group:</u> 2:00pm *IGM Therapeutic Acupressure: 6:30pm	27 <u>Metastatic Cancer Support Group:</u> 10:00am <u>Sound Meditation:</u> Noon <u>Restorative Yoga:</u> 1:00pm <u>Bereavement Support Group:</u> 5:00pm	28	29
30	31 *Reiki Therapy: 9:00am <u>Tai Chi/Qi Gong:</u> 6:00pm <u>Meditation:</u> 6:30pm					