



“Paint Your Pain”

An Exhibition to Explain the Pain Experience – Living With It, Losing It, or Both

People experiencing pain often find that their feelings go beyond verbal expression. Sometimes there are no words to describe the experience you are having.

Healing Arts and the Pain Management Center at Overlook Medical Center invite individuals to create an exhibition by submitting a work of art that tells others about their pain experience: living with it, losing it, or both.

“I found that I could say things with color and shapes that I had no words for.”
-Georgia O'Keefe

Offered in conjunction with the “Paint Your Pain” art therapy support group and open studio sessions, this exhibition is open to any artist who has an experience to share about pain. Pick up your paintbrush or pencil and tell your story with art!

This arts program is made possible in part by a HEART (History, Education, Arts Reaching Thousands) Grant from the Union County Board of Chosen Freeholders.

Entry Rules:

No entry fee. Open to all individuals age 16 and up. Only one work of art may be submitted per individual. Digital files and artwork information must be received via e-mail by March 7, 2016. Actual artwork must be dropped off by March 16, 2016. Entries must be framed and properly wired for hanging. (Please see diagram on next page or contact Healing Arts with questions.) Artwork must be an original painting, photograph, illustration, or drawing that has not been previously published. Giclees and prints are not permitted. Framed work cannot be smaller than 14 inches or larger than 48 inches on any one side. Wet or tacky paintings will not be accepted. Sculptures cannot be accommodated in this show. Crafts will not be accepted. Atlantic Health reserves the right to decline any work deemed inappropriate or that is not submitted in accordance with entry rules. Due to limited space, we will notify you if your work has been accepted. Applications may be submitted by e-mail only. Each application must be accompanied by a description and a digital photograph (jpg) of the work being entered.

Exhibition Dates:

“Paint Your Pain” will be on view from March 22 through June 20, 2016 at the Bouras Auditorium and Bouras Art Gallery (in the Bouras lobby) at Overlook Medical Center, 99 Beauvoir Avenue, Summit, NJ.

Opening Reception and Panel Discussion:

Please join us for the exhibition reception on March 22 from 5:00-7:00pm. Reception with light refreshments will take place at 5:00pm. At 5:45pm, remarks and a panel discussion on using art as a form of expression, pain management coping skills, and creative arts therapies for well-being.

The reception and panel are open to the public but please RSVP through Healing Arts: 973-660-3533 or healingarts@atlantichealth.org.



Drop-Off:

At the time of drop-off, each artist must present a hard copy of his or her signed release form and loan agreement form (to be e-mailed to artists upon receipt of application.) Artwork must be dropped off at the Bouras Auditorium during the following time frames:

Tuesday, March 15, 2016 – 2:00pm-6:00pm or Wednesday, March 16, 2016 – 8:30am-12:30pm

If you are unable to deliver your artwork during this time please arrange for someone to deliver your artwork for you. Otherwise contact Healing Arts for alternative drop-off options.

Pick-Up:

Artwork must be picked up from the Bouras Auditorium on Tuesday, June 21, 2016 from 1:00pm-6:00pm. If you are unable to pick up your work during this time, please ensure someone can pick up for you. Healing Arts does not have storage space to hold on to artwork beyond this date. Artwork not picked up in a timely fashion will be discarded.

Entry Instructions:

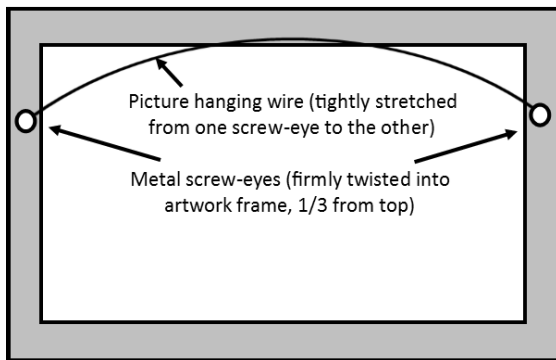
Fill out the form below, scan a copy and attach, or type the required information in the body of an e-mail. Please attach a short (200 words or less) description of how your artwork connects to your pain experience. Attach an image of your artwork and send all 3 items to healingarts@atlantichealth.org. For further information on how to submit or with questions about the Healing Arts Program, please call 973-660-3533.

Artist's Name: _____

Phone: _____ E-mail: _____

Title of Artwork: _____

Medium: _____



Ensure all artwork is properly framed and wired as shown. Do not use saw-tooth hangers. Artwork that is not wired properly will not be accepted.

Tape on rear right of painting.

Artist: _____

Medium: _____

Attach to front of painting.

Artist: _____

Medium: _____