



What families say...

*“You helped us come to terms with the circumstances of her condition and were instrumental in our decision-making and communication with the doctor.”*

*“What a blessing your team was...you came into my life just when I needed it most.”*

 [atlanticealth.org](http://atlanticealth.org)



## Supportive Care and Palliative Program

*We see the person beyond the illness.*



## Who we are

Our supportive care service is delivered by our specialized medical team certified in palliative medicine. We are a team of doctors, nurse practitioners, nurses, social workers, chaplains and others. We take the time needed to get to know you so that we can most effectively treat all of the symptoms and stressors of your illness and its impact on your life and the lives of your loved ones.

We address not just physical symptoms like pain, nausea, and difficulty breathing associated with the illness or the treatment you are receiving, but we also focus on the difficult social, personal and spiritual concerns that can often accompany serious illnesses like anxiety, depression, and what you can expect in the future.

## Who you are

Supportive care is for anyone who is living with a serious illness or condition. It doesn't matter what age you are or whether you may have just received your diagnosis or have had your illness for a long time. Regardless, it is important for us to know what matters to you and how we can help you manage your symptoms in a way that aligns with your values and goals for care.



## What services are provided?

- Expert pain and symptom management
- Social, psychological, and spiritual support
- Summarizing complicated medical information for you and your loved ones
- Helping you and your loved ones identify your goals for care and preferences for treatment based on what matters to you and manage the illness
- Coordination and advocacy with the entire medical team about your care plan

## What are the goals?

Our program is focused on seeing you as a person, not just a patient. We also understand that you are part of a community of loved ones and therefore it is important that we support them as well. Making sure you receive the expert support and resources needed when living with a serious illness is our job.

In supportive care, our goal is to improve the quality of your life, but what we really mean is that we are working to help get you back to doing the things that bring meaning and joy to you.

***We see you.***



**Supportive Care and  
Palliative Program at  
Atlantic Health System**

**862-242-CARE (2273)**