

Are you overlooking your most **Important Asset?**

**Your health** and the health of your key executives is our #1 focus.

We aim to evaluate and minimize health risks; promote wellness; and discover potential health problems at the earliest stage when treatment is easier, more effective, and less costly.



**ONE** day to provide you with the best chance to minimize health risks including cancer, heart disease, and stroke, and to lead a healthier lifestyle...



**ONE** premier location providing the most comprehensive, customized, efficient and integrated health examinations...



**ONE** client... You Are Our Only Focus.

## EXECUTIVE HEALTH PROGRAM



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Our Executive Health Program (EHP) Full-Day Exam provides access to first-rate medical specialists, the most advanced diagnostic tools and the latest in evidence-based treatment and preventive medicine—all in one day. We streamline the health care process and eliminate time-consuming obstacles, such as multiple doctor visits at different locations.



**Convenient** An intake is performed weeks before the scheduled exam. Medical history and labs are obtained including extensive micronutrient testing.

**Customized** Exam is tailored to the client's specific needs based on the test results from intake, personal and family history. Results are then reviewed by the EHP physician panel. Appropriate testing and specialists are scheduled for the exam day in a private setting, where you are the only client.

**Comprehensive & All Inclusive** Full-Day Exam with no extra fees, including all testing and consultations, sets EHP apart from other executive health providers.



- Consultations with multiple specialists are built into the day. The specialists, many of whom are department chairs, directors or experts of their respective fields, perform the physical exam and develop the treatment plan. Most other executive health providers are run by a single doctor, usually a generalist.
- Imaging, advanced preventive testing and state-of-the-art cardiac testing are scheduled as indicated.
- Lifestyle assessment is performed to analyze nutrition, fitness, stress management and other indicators of disease risk, and personalized wellness plan is developed.
- A final report outlining test results, imaging, specialist's recommendations and wellness strategies is provided to share with your doctor. This binder is designed to be the road map for your continuity of care and wellness plan.
- Concierge services included annually.
- EHP Full-Day Exam recommended every three years. Year 2 and 3 Half-Day Exams (optional) available for continuity of care and concierge services.



Damion A. Martins, MD  
Medical Director, Atlantic Sports Health and the Executive Health Program, Atlantic Health System  
Director of Internal Medicine for the New York Jets

EXECUTIVE HEALTH PROGRAM  
Atlantic Health System, 111 Madison Avenue, Suite 400, Morristown, NJ 07960  
Tel: 973-971-7400  
[atlantichealth.org/executivehealth](http://atlantichealth.org/executivehealth)