• Extensive laboratory analysis collected in advance of exam day (labs put through insurance and script will be sent to client)
• Review of medical history and complete health risk assessment
• Comprehensive physical examination by board-certified physician
• Electrocardiogram
• Cardiac Calcium Score
• Pulmonary function testing (spirometry)
• Audiometry (hearing screening)
• Visual acuity
• Full body skin cancer screening with board-certified physician
• BioSway™ computer balance testing
• Body composition and bone density assessment by DEXA
• PT evaluation by fitness professional with Functional Movement Screen (FMS)
• Personalized health and wellness
  - Nutritional Consult
  OR
  - Personalized Fitness Assessment: RMR/EMR/VO2 and personalized exercise prescription with exercise specialist
• Review of test results and medical findings with physician
• Written report of results and recommendations from day of exam
• Concierge services for one year:
  - Next day visit with internist
  - Assistance with follow-up appointments within Atlantic Health System