Executive Health Program Offering

**Full-Day Physical**

- Customized and comprehensive full day health examination including nursing intake (six to eight weeks prior to exam), lab work, testing, imaging and multiple specialist consults
- Personalized health assessment and wellness plan
- Healthcare navigator to coordinate follow-up labwork, imaging, referrals, and health & wellness guidance
- Concierge services for one year:
  - Next day visit with internist
  - Access to health care navigator
  - Assistance with follow-up appointments within Atlantic Health System
  - Premium access to referral of physicians nationwide
  - Secure USB flash drive with personal health information if requested
  - Health and wellness educational materials
  - Car service and overnight accommodations (night prior to exam) if needed for travel convenience
- Exam recommended every 3 years

**Health and Wellness Half-Day Physical**

- Extensive laboratory analysis collected in advance of exam day (labs put through insurance and script sent to client)
- Review of medical history and complete health risk assessment
- Comprehensive physical examination by board-certified physician
- Electrocardiogram
- Pulmonary function testing (spirometry)
- Audiometry (hearing screening)
- Visual acuity
- Full body skin cancer screening with board-certified physician
- Personalized health and wellness
  - Body composition and bone density assessment by DEXA
  - Nutritional consult
  - Fitness Assessment: RMR/EMR/VO2 and personalized exercise prescription
- Review of test results and medical findings with physician
- Written report of results and recommendations from day of exam
- Continuation of annual concierge services

For more information, please contact us at:
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