

You must arrive ONE HOUR PRIOR to your procedure for registration.

NOTE: You will receive conscious sedation, and will need an adult 18 years or older to drive you home. Please note that the hospital will not release you to a public taxi service.

If you need to change or cancel your appointment, please notify our office 24 hours in advance.

Please review medications with your primary care physician prior to your procedure; you may have to change your medication routine if you take anti-coagulants, diabetic medication, or iron supplements.

Upper Endoscopy

- No solid food after midnight.
- You can drink water up to **4 HOURS** before your procedure. After that, absolutely nothing by mouth.

Medication Instructions:

- The procedure you've been prescribed prohibits the consumption of certain medications. Do not take any iron supplements, omega 3 fish oil, or anti-inflammatories such as **Motrin, Ibuprofen, Aleve, or Aspirin** for **5-7 days** prior to your procedure.
- If you are on any anti-coagulants such as **Warfarin, Coumadin, or Plavix**, or any **diabetic medication**, contact the prescribing physician to obtain clearance, and get directions on how to take it prior to your procedure.
- If you are required to take medications in the morning that do not conflict with this list, you may do so with a small sip of water prior to your procedure.

If you have any more questions regarding your procedure, please notify the office and we will be happy to assist you.