


5 Questions

About the COVID-19 Vaccine During Pregnancy, Answered

Here's what to
know about the
COVID-19 vaccines
if you're pregnant,
breastfeeding or TTC
(trying to conceive)



Atlantic
Health System



1

Should I get vaccinated if I'm pregnant?

The American College of Obstetricians and Gynecologists, the Society for Maternal-Fetal Medicine and the CDC all say **yes**. There is data now suggesting that it is a safe and effective vaccine for pregnant women.





2

When is the best time for a pregnant woman to get a COVID-19 vaccine?

Given the risk of severe COVID-19 illness to pregnant people who become infected with the virus and are unvaccinated, the best timing for the COVID-19 vaccine during pregnancy is as soon as possible. The best thing for baby is to have a healthy mom.





3

Does the COVID-19 vaccine impact fertility?

Absolutely not. Despite rumors making the rounds on social media and blogs, there has been no evidence of increased risk including infertility, miscarriage, stillbirth or preterm birth identified in women who were vaccinated during pregnancy.



4

Can I still breastfeed after I get the vaccine?

Yes, data has shown that breastfeeding mothers who received the vaccine have antibodies in their breastmilk, which could help protect their babies. Additionally, when vaccinated during pregnancy, antibodies from the vaccines do get transferred through the placenta, which may protect babies from the virus after they're born.



5

What are the risks to not getting vaccinated?

Pregnant people who become infected with COVID-19 face elevated risks to their health such as serious illness, admission to the ICU for both mom and baby, intubation, as well as preterm birth and other complications. **Approximately 97%** of pregnant people hospitalized with COVID-19 infection were **unvaccinated**.

