

Parkinson's Disease Support Groups

Robert Wood Johnson PD Support Group

3rd Wednesday of the month, 7:00pm

3rd Thursday of the month, 12:30pm

Location: One Robert Wood Johnson Place
New Brunswick, NJ

Contact: Kathleen Johnson
732-745-7520
kathleen.johnson@rwjuh.edu

Northern New Jersey Young Onset PD Support Group for Adults

1st Tuesday of the month, 7:00pm

Contact: Ellen Brody
908-580-9444
snifbro@aol.com

Young Onset PD Support Group for Adults in their 40s and 50s

**2nd Monday of the month,
6:30 to 8:00pm**

Location: Madison YMCA
111 Kings Road
Madison, NJ

Contact: Maryann Porosky
973-627-4087

Westfield PD Support Group

2nd Monday of the month, 1:30pm

Location: Presbyterian Church
140 Mountain Avenue

Contact: Barbara Ringk
908-322-9214

PD Support Group of North Jersey

**3rd Saturday of the month,
10:00am to 12:00pm**

Location: Mountainside Hospital
1 Bay Avenue
Montclair, NJ

Contact: Angela M. Imhof
973-338-6851 or
Judy Maher
973-433-4101

Parkinson's & Caregiver Support Group

2nd Tuesday of the month, 1:00pm

Location: Madison YMCA
111 King's Road
Madison, NJ

Contact: Maryann Porosky
973-627-4087

3rd Monday of the month

Location: Parsippany Care-One
at Morris
200 Mazdabrook Drive
Parsippany, NJ

Contact: Maryann Porosky
973-627-4087

Caregiver Support Group

**3rd Monday of the month,
7:00pm to 8:30pm**

Location: Verona Park Boathouse
Verona, NJ

Contact: Maryann Porosky
973-627-4087

Parkinson's Exercise Group

Wednesdays, 1:30pm to 2:30pm

Location: Madison YMCA, Room 4
111 King's Road
Madison, NJ

Contact: Susan Sheeley
973-822-9622

Free Weekly Water Exercise Class (SWIM Inc.)

Tuesdays, 12:15pm to 1:15pm

Location: 1 Provost Square
Caldwell, NJ

Contact: Joanne Van Dien
973-228-7665

*Dates and times are subject to change. Please call the designated contact for each group to verify.



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