Grand Rounds Series:
“Translating the Science of Health and Wellness into Practice”

Health care is changing. At Atlantic Health, our goal is to be leaders in shaping our future. Working with colleagues throughout the system, the Center for Well Being is dedicated to excellence in disease prevention and chronic disease management.

Our Integrative Medicine Grand Rounds Series, delivered by the country’s leading Integrative Medicine physicians, will provide the opportunity to explore new options for the prevention and treatment of disease. Integrative Medicine focuses on getting to the underlying cause of health challenges and provides solutions that enhance our mainstream medical approach. Join us for an evidenced-based approach to health and wellness.

Accreditation:
These activities have been approved for AMA PRA Category 1 Credit(s)™

Location:
Morristown Medical Center, Malcolm Forbes Amphitheatre, 100 Madison Avenue, Morristown, NJ, 07962.
Simulcast will only be available to Overlook Medical Center, Bouras Auditorium, 99 Beauvoir Avenue, Summit, NJ, 07901.

Tuesday, January 21, 2014, 8:00—9:00am
“Integrative Approach to Hypertension”

Dr. Remde will lead an exploration of the ultimate causes of essential hypertension and its’ consequences, laying the foundation for an integrative medicine approach to this common disorder. Expand your “toolbox” for preventing and treating hypertension using practical, evidence-based clinical assessment and integrative treatment resources.

Alan Remde, MD, FAAFP, DABIHM
Assistant Professor, Rutgers University RWJ Medical School, Family Medicine Department, New Brunswick

Tuesday, February 18, 2014, 8:00—9:00am
"Integrative Medicine Approaches to Cardiovascular Disease"

Cardiovascular disease is preventable. Dr Guarneri will explore how using an integrative medicine approach can decrease and even reverse cardiac risk factors.

Mimi Guarneri, MD, FACC, ABIHM
Senior Advisor, Atlantic Health System Integrative Medicine

Tuesday, March 18, 2014, 8:00—9:00am
“The Next Frontier for Integrative Medicine: Synergistic Management of the Behavioral and Psychosocial Risk Factors that cause Disease”

Since adverse health habits are the main driver for the development of chronic diseases, improving their management and prevention represents the current “wild frontier” of Medicine. Dr. Alan Rozanski will discuss societal trends which are making our environment more “health toxic”. He will present a practical integrative paradigm for managing behavioral and psychosocial risk factors among patients and for promoting Population Health.

Alan Rozanski, MD
Chief, Division of Cardiology, St. Lukes Roosevelt Hospital Center, New York, New York

To register for this program, please contact Bronwyn Fraser at IMGrandrounds@atlantichealth.org